

CURRICULUM VITAE

Dr Gerald Koh Choon Huat

MBBS (Singapore), MMed (Family Medicine)(Singapore)
MCFP (Singapore), GDip (Geriatric Medicine)(Singapore),
FCFP (Singapore), Post-Grad Dip (Gerontology & Geriatrics)(Malta)

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Singapore 118895
Contact No. (H): 67777313
(M): 97878204
Birthdate 4 October 1969
Nationality Singaporean
NRIC No. S6932970E
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Marital Status Married



EDUCATION

- Essential Skills in Medical Education Certificate in Medical Education Dec 07
- Pursuing Masters in Gerontology (University of Malta) Oct 05 - present
- International Diploma in Gerontology and Geriatrics Jun 04
under the auspices of United Nations, International Institute of Ageing (UN-INIA) at the European Centre of Gerontology, University of Malta (on a Merck Institute of Ageing & Health (MIAH) Scholarship). (Overall Grade: Distinction). Modules Elected:

<u>Medical</u>	<u>Social</u>
1. Clinical Aspects of Ageing (A+).	1. Population Ageing & Demography (A).
2. Medical Problems in Old Age (A+).	2. Sociology of Ageing (A).
3. Medical Rehabilitation (A).	3. Social Policies & Strategies (B+).
4. Geriatric Support Services (A+).	4. International Comparison of Programmes & Services for Older Persons (A).
5. Geriatric Pharmacology (B+).	5. Social Welfare for Older Persons (A+).
6. Health Promotion & Older People (B).	6. Gerontological Social Work & Social Rehabilitation (A).
7. Psychology of Old Age (A).	
8. Nutrition in the Elderly (A).	
9. Biology & Physiology of Ageing (A).	
10. Research & Evaluation (B+).	
11. Statistics & Computing (A+).	
- Fellowship of College of Family Physicians in Aged Care. Oct 03
- Diploma in Geriatric Medicine (S'pore). July 02
- Member of College of Family Physicians (S'pore). Aug 01
- Masters of Medicine (Family Medicine)(S'pore). May 97 –Oct 00
- United States Educational Commission for Foreign Medical Graduates (ECFMG) Certificate (Achieved 94th percentile in Step 1 and 89th percentile in Step 2). Oct 96 – Mar 97
- MB,BS (Singapore), Medical Faculty, National University of Singapore (NUS). Jul 90 – Apr 95
- Cambridge GCE 'A' Levels, Anderson Junior College (AJC) Jan 86- Dec 87

(Scored A in Biology, Chemistry, Physics, Math C; A1 in General Paper, Distinction in Math C Special Paper and Credit in Biology Special Paper).

- Cambridge GCE 'O' Levels, St Gabriel's Secondary School Jan 82- Dec 85
(Scored A1 in English as 1st Language, Elementary Math, Additional Math, Biology, Chemistry, Physics, English Literature and Religious Knowledge).
- Primary School Leaving Examinations (PSLE), Jan 77 – Dec 81
St Gabriel's Primary School (Scored A* in English Language, Mathematics & Science and A in Chinese Language).

EMPLOYMENT

- Fulltime Assistant Professor (Family Medicine), COFM, NUS Jun 05 - present
- Adjunct Assistant Professor (Family Medicine), COFM, NUS Jan 05 – Jun 05
- Consultant Family Physician, Raffles Medical Group Nov 04 – May 05
- Registrar, AMKH Jul – Oct 04
- Full-time Study for International Diploma in Gerontology & Geriatrics (University of Malta) under auspices of UN-INIA, on a Merck Institute of Ageing and Health Scholarship. Oct 03 – Jun 04
- Adjunct Fellow, Community, Occupational & Family Medicine (COFM) Dept, Faculty of Medicine, NUS Jan 03 – Oct 03
- Registrar, AMKH. May 02 – Oct 03
- Registrar, Geriatric Medicine, CGH. Nov 01 – Apr 02
- Registrar, AMKH. Nov 00 – Nov 01
- Medical Officer, AMKH. May 00 – Oct 00
- Medical Officer, Woodland's Polyclinic, FHS. May 99 – Apr 00
- Medical Officer, General Medicine, NUH (including General Medicine, Respiratory Medicine & Oncology). Nov 98 – Apr 99
- Medical Officer, Paediatrics, NUH. May 98 – Oct 98
- Medical Officer, Psychological Medicine, NUH. Nov 97 – Apr 98
- Medical Officer, Accident & Emergency, TTSH. May 97 – Oct 97
- Medical Officer, Anaesthesia, SGH. Nov 96 – Apr 97
- Medical Officer, Healthy Lifestyle Unit, MOH. May 96 – Oct 96
- House-Officer, Onco-Urogynaecology, KKH. Jan 96 – Apr 96
- House-Officer, Internal Medicine, SGH. Sep 95 – Dec 95
- House-Officer, General Surgery, TTSH. May 95 – Aug 95

AWARDS, PRIZES AND SCHOLARSHIPS

- Ministry of Education Service to Education Award May 08
- Best Oral Presentation (Primary Care Category) in National Healthcare Group Annual Scientific Congress Nov 07
- Merit Presentation Award for two oral papers, Wonca World Conference 2007 Jul 07
- College of Family Physicians (S'pore) Teachers' Award Jun 05
- Raffles Medical Group (RMG) Star Service Award Apr 05
- AMKH Communication Campaign Winner Sep 04

- Merck Institute of Ageing and Health (MIAH) Scholarship to read for Postgraduate Diploma in Gerontology and Geriatrics (achieved Distinction). Jul 03
- Best Free Paper (Oral) Award of the 6th Annual Scientific Meeting of the Society of Geriatric Medicine (S'pore). 5 Oct 02
- Best Cover Design Award for Commemorative Issue of Singapore Family Physician. 1998
- Dean's List Award (Final Professional Exam, MBBS). 1994/95
- Ministry of Education Scholarship to Dr Bessie F Lawrence 20th Summer Science Institute, Weizmann Institute of Science, Rehovot, Israel. Jul – Aug 88
- Most Outstanding Student Award, AJC. 1987
- College Colours Award (for Students Council), AJC. 1987
- Best in Biology Award, AJC. 1987
- Best in English as 1st Language, Biology, Chemistry, Physics, English Literature & Religious Knowledge in Secondary 4. 1985
- Best in English as 1st Language & English Literature in Secondary 3. 1984

PUBLICATIONS

GERIATRICS

1. Saxena SK, Ng TP, Yong D, Fong NP, **Koh G**. Subthreshold depression and cognitive impairment but not demented in stroke patients during their rehabilitation. *Acta Neurol Scand* 2008;117(2):133-40.
2. **GCH Koh**. National Long Term Care Severe Disability Insurance in Singapore. *Financing Issues for an Ageing Society in Southeast Asia* (Book). E Arifin, A Ananta (eds). Institute of Southeast Asian Studies (Singapore). Accepted for publication.
3. **Gerald CH Koh**, Tan BY, Fong NP, Chan KM, E Menon, Ee CH, Cheong SK, Wong TY, A Cheong, Chia KS, D Koh. Predictors of Rehabilitation Efficiency and Effectiveness in a Community Hospital. *Ann Acad Med Singapore* 2008;37:S20.
4. **Gerald CH Koh**, Tan BY, Fong NP, Chan KM, E Menon, Ee CH, Cheong SK, Wong TY, A Cheong, Chia KS, D Koh. Trends in Rehabilitation Efficiency and Effectiveness in a Community Hospital. *Ann Acad Med Singapore* 2008;37:S13.
5. **Gerald C H Koh**. A Review of Geriatric Education in Singapore. *Ann Acad Med Singapore* 2007;36(8):687-90.
6. Saxena SK, **G Koh**, Ng TP, Fong NP, D Yong. Determinants of length of stay during post-stroke rehabilitation in community hospitals. *Singapore Medical Journal* 2007;48(5):400-407.
7. Saxena SK, Ng TP, D Yong, Fong NP, **G Koh**. Total direct cost, length of hospital stay, institutional discharges and their determinants from rehabilitation settings in stroke patients. *Acta Neurologica Scandinavica* (IP=1.982) 2006;114(5):307-314.

8. Saxena SK, Ng TP, D Yong, Fong NP, **G Koh**. Functional Outcomes in Inpatient Rehabilitative Care of Stroke Patients: Predictive Factors and the Effect of Therapy Intensity. *Quality in Primary Care* 2006;14:145-153.
9. Saxena SK, Ng TP, **Koh G**, Yong D, Fong NP. Is improvement in impaired cognition and depressive symptoms in post-stroke patients associated with recovery in activities of daily living? *Acta Neurologica Scandinavica* (IP=1.982) 2006; DOI: 10.1111/j.1600-0404.2006.00751.x.
10. **Koh GCH**. Ageism in Healthcare. *BMJ* 2006.
(<http://bmj.bmjournals.com/cgi/eletters/333/7567/525>)
11. Lam JSH, Wang FSJ, **Koh GCH**, Saw SM. Urinary incontinence in a Singapore community: prevalence, risk factors and quality of life (Best Poster Presentation Award). *Ann Acad Med Singapore* 2006;35(10):S15.
12. **Koh GCH**, Saxena SK, Ng TP, Fong NP, D Yong. Medical complications are the main preventable determinant of length of stay during post-stroke rehabilitation in community hospitals. *Ann Acad Med Singapore* 2006;35(10):S41.
13. **Gerald C H Koh**, D Koh. Occupational Health for an Ageing Workforce: Do We Need a Geriatric Perspective? *J Occup Med Toxicol* 2006,1:8 (doi:10.1186/1745-6673-1-8). To be reprinted in a book (5,000 copies) *An Insight into Occupational Health Services* by Institute of Chartered Financial Analysts of India (Icfai) University Press which publishes professional reference books with a special focus on emerging and frontier themes.
14. Saxena SK, Ng TP, **Koh G**, Yong D, Fong NP. Predictors of Functional Outcomes of Stroke Patients during their Rehabilitation. *Ann Acad Singapore* 2005;34 (Suppl)9:S248.
15. **Gerald C H Koh**. Overnutrition Among Older Persons in a Maltese Nursing Home. *Malta Medical Journal*. 2005;15(1):21-32.
16. **Gerald C H Koh**. Capacity Building and Manpower Training in Elderly Healthcare. *BOLD* (Quarterly Journal of the International Institute on Ageing). 2005;15(2):23-26.
17. **Gerald C H Koh**. Fall Audit in a Community Hospital. *Singapore Family Physician*. Oct - Dec 2004; Vol 30(4):44-8.
18. **Gerald C H Koh**. Nursing Homes: What Parameters Should Be Audited? *Singapore Family Physician*. Jul – Sep 2004; Vol 30(3):62-67.
19. **Gerald C H Koh**. Elderly Healthcare – The Singapore Experience. *The Sunday Times* (Malta), 29 Feb 04.
20. **Gerald C H Koh**. Preventive Care for Institutionalised Elderly. *Singapore Family Physician*. Oct – Dec 2003; Vol 29(4):86-90.
21. **Gerald C H Koh**. Psychosocial Aspects of Elderly Healthcare. SAGE Newsletter.
22. **Gerald C H Koh**. Home Healthcare. *Singapore Medical Association News*. 2002. Vol 35, (2): 1-2.
23. **Gerald C H Koh**. Case Study of a Patient with Stroke Who Underwent Rehabilitation in a Community Hospital. *Singapore Family Physician*. Oct-Dec 2002; Vol 28(4):101-103.
24. **Gerald C H Koh**. Caring for an Ageing Population: A Call for More Geriatric Training Among Family Physicians. *Singapore Family Physician*. Oct-Dec 2002; Vol 28(4):77-80.
25. **Gerald C H Koh**. Singapore's Country Report for the 3rd ASEAN Gerontology Course, 26 Aug – 7 Sep 03, jointly organized by the (INIA) International Institute of Ageing, United Nations and Singapore Action Group of Elders (SAGE).

SALIVARY BIOMARKERS

Asthma

1. Willem HC, Tham KW, **Koh G**, Ng V and Koh D. Air Temperature Effects on Thermal Perception and a Salivary Biomarker in Non-Asthmatic and Asthmatic Subjects in the Tropics, Proceedings of the 11th International Conference on Indoor Air Quality and Climate. Paper no. 1047. 2008.
2. **Gerald CH Koh**, Wong TY, Cheong SK. Long-acting beta-2-agonists and not antagonists. *BMJ* 2007. (<http://bmj.com/cgi/eletters/335/7613/253#174107>).
3. D Koh, **GCH Koh**, Shek L, Kee J, V Ng, A Wee, BC Tai. The association of floor cleaning methods with allergic rhinitis and serum eosinophil cationic protein (ECP) in young asthmatics. Poster presentation. World Wonca Conference 2007 Abstract Booklet: 553.
4. **Koh GCH**, L Shek, J Kee, A Wee, V Ng, BW Lee, D Koh. Serum ECP correlates with asthma severity and salivary ECP correlates with co-existence of allergic rhinitis in children (Best NHG Doctor Award). *Ann Acad Med Singapore* 2006;35(10):S1.
5. **Gerald CH Koh**, Lynette PC Shek, Daniel YT Goh, Hugo Van Bever, David SQ Koh. Eosinophil Cationic Protein: Is it Useful in Asthma? A Systematic Review. *Respiratory Medicine* 2007;101:696-705.
6. MS Zuraimi, KW Tham, **G Koh**, V Ng, A Wee, D Koh. Relationship between salivary eosinophil cationic protein in preschool children and environmental exposures in homes and child care centers. Proceedings of 4th International Academic Conference on Environmental and Occupational Medicine (16-19 Oct 06).
7. **G Koh**, Shek L, Kee J, V Ng, A Wee, Tai BC, D Koh. Vacuuming of non-carpeted floors is associated with higher likelihood of allergic rhinitis and higher serum eosinophil cationic protein (ECP) in young asthmatics. Proceedings of 4th International Academic Conference on Environmental and Occupational Medicine (16-19 Oct 06).
8. A Wee, **G Koh**, V Ng, D Koh. Salivary eosinophil cationic protein levels vary with different collection methods. Proceedings of 4th International Academic Conference on Environmental and Occupational Medicine (16-19 Oct 06).

Occupational & Environmental Health

9. David Koh, **Gerald C H Koh**. The confounding effects of intra-oral metals in salivary biomarkers - Authors' reply. *Occup Environ Med* 2007;64:856.
10. David Koh, **Gerald C H Koh**. The Use of Salivary Biomarkers in Occupational and Environmental Health. *Occup Environ Med* 2007;64:202-210.

INFECTIOUS DISEASES

Influenza

1. Wong TY, **Gerald CH Koh**, Cheong SK, Sundram M, Koh K, Chia SE, D Koh. A Cross-Sectional Study of Primary-Care Physicians in Singapore on Their Concerns and Preparedness for an Avian Influenza Outbreak. *Ann Acad Med Singapore* 2008;37(6):458-64.
2. **Gerald CH Koh**, J Sng, Cheong SK, Wong TY, Lee HY, Tan BY, M Sundram, K Koh, Chan KM, Fong YT, Chia SE, D Koh. Avian influenza and healthcare workers: a comparative study of tertiary and community hospitals, polyclinics and private general practitioners. *Ann Acad Med Singapore* 2008;37:S41.
3. **Gerald C H Koh**, Wong TY, Cheong SK, D Koh. Avian Influenza: A Global Threat Needing a Global Solution. *Asia Pacific Family Medicine Journal*. Accepted for publication.
4. Wong TY, **Gerald CH Koh**, Cheong SK, Lee HY, Fong YT, Sundram M, K Koh, Chia SE, D Koh. Concerns, perceived impact and preparedness in an avian influenza pandemic – a comparative study between healthcare workers in primary and tertiary care. *Ann Acad Med Singapore* 2008;37:96-102.
5. **Gerald CH Koh**, Nugroho Abikusno, Meena Sundaram, Kelvin Koh, Rina K Kusumaratna, Wong TY, Cheong SK, Chia Sin Eng, David Koh. Preparedness for an avian influenza pandemic among primary healthcare workers in two Asian countries. Selected for Oral Presentation at 13th Wonca Europe Conference, Paris, France. 17-20 Oct 2007. Online publication at website <http://www.woncaeurope2007.org/present/main.html>.
6. Imai T, Takahashi K, Todoroki M, Kunishima H, Hoshuyama T, Takashi K, Koyama N, Endo K, Fujita H, Iwata K, **Gerald Koh**, Sin Eng Chia, David Koh. Perception in Relation to a Potential Influenza Pandemic among Healthcare Workers in Japan: Implications for Preparedness. *Journal of Occupational Health* 2008;50(1):13-23.
7. **Gerald Koh**, Nugroho Abikusno, Meena Sundaram, Kelvin Koh, Rina K Kusumaratna, Wong TY, Cheong SK, Chia Sin Eng, David Koh. Preparedness for An Avian Influenza Pandemic Among Primary Healthcare Workers: A Comparative Study between Indonesia and Singapore. World Wonca Conference 2007 Abstract Booklet: 294. (Attained Presentation Merit Award standard.)
8. Cheong SK, Lee HY, Tan BY, **Gerald CH Koh**, Wong TY, Chan KM, Chia SE, D Koh. Concerns and Preparedness of Healthcare Workers in Hospitals for an Avian Influenza Pandemic. *Industrial Health* 2007;45:653-661.
9. **Koh GCH**, D Koh. Preparedness for a Bird Flu Pandemic: Comparing UK and Singapore's Healthcare System. *BMJ* 2006. (<http://bmj.bmjournals.com/cgi/eletters/333/7570/674-a>)
10. **Gerald C H Koh**, David S Q Koh. The Socioeconomic Effects of an Avian Influenza Pandemic. In Bird Flu: A Rising Pandemic in Asia and Beyond? Tambyah P, Leung PC (eds). World Scientific 2006:127-46.

Dengue

11. TH Lim, S Angkodjojo, J Mong, Lin JX, **GCH Koh**, SLG Yap, A Seow, LC Ng, D Koh. The seroprevalence of past dengue infection and proportion of undiagnosed past dengue infections among residents in the West Coast district of Singapore. *Ann Acad of Med Singapore* 2007;36:S9.
12. QR Ong, **GCH Koh**, A Seow, SL Ong, FY Pang. Knowledge, attitude and practice of dengue prevention between a dengue hotspot and non-dengue hotspot

in the West Coast of Singapore. World Wonca Conference 2007 Abstract Booklet: 625.

13. ETH Lim, S Angkodjojo, J Mong, **GCH Koh**, SLG Yap, A Seow, LC Ng, D Koh. The seroprevalence of past dengue infection and proportion of undiagnosed past dengue infections among residents in the west coast area of Singapore. Oral presentation. World Wonca Conference 2007 Abstract Booklet: 322. (Attained Presentation Merit Award standard.)

SARS

14. D Koh, MK Lim, SE Chia, SM Ko, F Qian, V Ng, BH Tan, KS Wong, WM Chew, HK Tang, W Ng, Z Muttakin, S Emmanuel, NP Fong, **G Koh**, CT Kwa, KB Tan, C Fones. SARS: Perception of Risk and Preventive Measures Among Healthcare Workers. *Occup Environ Med*, 2004; 61(11) e39. 1.
15. D Koh, MK Lim, SE Chia, SM Ko, F Qian, V Ng, BH Tan, KS Wong, WM Chew, HK Tang, W Ng, Z Muttakin, S Emmanuel, NP Fong, **G Koh**, CT Kwa, KBC Tan, C Fones. Risk perception and impact of Severe Acute Respiratory Syndrome (SARS) on work and personal lives of healthcare workers in Singapore: what can we learn? *Med Care*. 2005;43(7):676-682.
16. SE Chia, D Koh, C Fones, F Qian, V Ng, BH Tan, K S Wong, W M Chew, H K Tang, W Ng, Z Muttakin, S Emmanuel, NP Fong, **G Koh** and MK Lim. Appropriate use of personal protective equipment among healthcare workers in public sector hospitals and primary healthcare clinics during SARS outbreak in Singapore. *Occup Environ Med*. 2005;62:473-477.

MEDICAL EDUCATION

1. **GCH Koh**. Qualitative Physician Competencies: Are They Neglected? *Ann Acad Med Singapore* 2008;37:in press. Accepted for publication.
2. **Koh GCH**, Khoo HE, Wong ML, Koh D. A response from Koh et al. *BMJ* 2008. E-letter at website <http://www.bmj.com/cgi/eletters/336/7651/971> .
3. **Gerald CH Koh**, Wong TY, Cheong SK, Erle CH Lim, Raymond CS Seet, Tang WE, Chia CCS, Goh LG. Acceptability of medical students in ambulatory settings in a multi-racial Asian country: (1) a survey of general practice, polyclinic and hospital patients and (2) a before and after consultation study. 5th Asia Pacific Medical Education Conference (24 – 27 Jan 08). Abstract Booklet: 108-9.
4. **Koh GCH**, Khoo HE, Wong ML, Koh D. Lack of quantification and characteristics of faculty staff: More evidence is needed – Authors’ reply. *Canadian Medical Association Journal* 2008. E-letter at website <http://www.cmaj.ca/cgi/eletters/178/1/34#18259>.
5. **GCH Koh**. Problem-based learning, physician competencies and medical education research: Lessons and Reflections. *Yong Loo Lin School of Medicine Medical Education Unit (MEU) Newsletter*. 14 January 2008:5:1.
6. **G Koh**, Koh WP, A Shanker, Chia SE. The Community Health Project – Lessons from Large Group Project Work. *CDTLink* 2007;11(3):4,11.
7. **Gerald CH Koh**, Khoo HE, Wong ML, D Koh. The Effects of Problem Based Learning during Medical School on Physician Competency: A Systematic Review. *Canadian Medical Association Journal* 2008;178:34-41. (IP=7.4 in 2005). Full text article available online for free at

<http://www.cmaj.ca/cgi/content/full/178/1/34?etoc> and appendices at <http://www.cmaj.ca/cgi/content/full/178/1/34/DC2>. This paper was the basis on a BMJ editorial by the Director of Medical Education and Clinical Dean of the University of Cambridge, School of Clinical Medicine [Wood DF. Problem based learning. *BMJ* 2008;336(7651):971.]

8. **GCH Koh**. Does problem-based learning (PBL) produce better doctors? Using systematic analysis to assess evidence of outcome quality. Proceedings from International Conference on Teaching and Learning in Higher Education 2006:134-8.

FAMILY MEDICINE

1. Lee SM, Sng, J, **Koh GCH**, Koh D. Sickness absence - partnership with relevant stakeholders. *BMJ* 2008. E-letter at website <http://www.bmj.com.libproxy1.nus.edu.sg/cgi/eletters/336/7646/682> .
2. **Gerald CH Koh**. Family Medicine Training in Singapore - Where Are We And Where Do We Go From Here? *Ann Acad Med Singapore* 2008;37:S54.
3. Wong TY, Cheong SK, **Gerald CH Koh**, Goh LG. Translating the family medicine vision into educational programs in Singapore. *Ann Acad Med Singapore* 2008;37(5):421-5.
4. Wong TY, **Gerald CH Koh**, Lee EH, Cheong SK, Goh LG. Family medicine education in Singapore – a long-standing collaboration between specialists and family physicians. . *Ann Acad Med Singapore* 2008;37:132-5.
5. **Gerald CH Koh**, Jeremy FY Lim. Bridging the Gap between Primary and Specialist Care: Formidable Challenges Ahead. *Ann Acad Med Singapore* 2008;37(2):89-90.
6. Lim ECH, **GCH Koh**, Lien CTC, Thomas J, Tan JJH, Tan AKY, Tan EK, Tan LCS, Au WL. Ministry of Health Clinical Practice Guidelines 6/2007: Parkinson’s Disease. Dec 2007.
7. **G Koh**. Age-Friendly Primary Care Workshop. Organiser and Chairman. World Wonca Conference 2007 Abstract Booklet: 119.
8. GH Lim, E Seow, **G Koh**, D Tan, HP Wong. Study on the discrepancies between the admitting diagnoses from the emergency department and the discharge diagnoses. *Hong Kong Journal of Emergency Medicine*. 2002;9(2): 78-82.
9. **Gerald C H Koh**. Book Review: The Moral Intelligence of Children by Robert Coles. *Singapore Medical Journal*. 1998; 39.

Highest Impact Factor of Journals In The Past Five Years (2002 to 2007)

Journal	Impact Factor	NUS Tier
• Acta Neurologica Scandinavica	2.099	4
• Annals of Academy of Medicine	0.772	2
• Asia Pacific Journal of Family Medicine	-	-
• BOLD (Quarterly Journal of the International Institute on Ageing)	-	-
• British Medical Journal	9.723	1
• Canadian Medical Association Journal	7.402	1
• Hong Kong Journal of Emergency Medicine	-	-

• Industrial Health	0.911	4
• Journal of Occupational Health	1.848	4
• Journal of Occupational Medicine and Toxicology	-	-
• Medical Care	3.745	2
• Malta Medical Journal	-	-
• Occupational and Environmental Medicine	2.817	3
• Respiratory Medicine	2.235	3
• Singapore Family Physician	-	-
• Singapore Medical Journal	-	-

CONFERENCE PRESENTATIONS

1. Wong TY, **Gerald CH Koh**, Cheong SK, Goh LG. Comparing knowledge, attitudes and career preference for Family Medicine between first and third-year medical students in Singapore – a cross-sectional study. Wonca Asia-Pacific Conference/Royal Australian College of General Practitioners Annual Scientific Congress. 2-5 Oct 08. Accepted for Mini-Oral Presentation.
2. Willem HC, Tham KW, **Koh G**, Ng V and Koh D. Air Temperature Effects on Thermal Perception and a Salivary Biomarker in Non-Asthmatic and Asthmatic Subjects in the Tropics, 11th International Conference on Indoor Air Quality and Climate. Copenhagen, Denmark. 17-22 Aug 08.
3. Dave QR Ong, N Sitaram, M Rajakulendran, **Gerald CH Koh**, Adeline LH Seow, Evan SL Ong, FY Pang. Knowledge and Practice of Household Mosquito Breeding Control Measures between a Dengue Hotspot and Non-Hotspot in Singapore. NUS COFM 60th Anniversary Scientific Symposium. 16 Oct 08.
4. Dave QR Ong, N Sitaram, M Rajakulendran, **Gerald CH Koh**, Adeline LH Seow, Evan SL Ong, FY Pang. Knowledge and Practice of Household Mosquito Breeding Control Measures between a Dengue Hotspot and Non-Hotspot in Singapore. National Healthcare Group Annual Scientific Congress. 7-8 Nov 08. Finalist for NHG ASC Scientific Poster Competition (Primary Care and Medical Student Category).
5. Dave QR Ong, N Sitaram, M Rajakulendran, **Gerald CH Koh**, Adeline LH Seow, Evan SL Ong, FY Pang. Knowledge and Practice of Household Mosquito Breeding Control Measures between a Dengue Hotspot and Non-Hotspot in Singapore. 3rd Public Health and Occupational Medicine Conference (Oral Presentation). 16-17 Sep 08.
6. SK Cheong, TY Wong, **GCH Koh**. Attitudes towards the Elderly among medical students in Singapore. National Healthcare Group Annual Scientific Congress. 7-8 Nov 08.
7. Lee J, CS Ong, Ooi G, XQ Tan, Verkooijen HM, **Koh G**. Knowledge and misconceptions of cancer among community-living adults in HDB estate. National Healthcare Group Annual Scientific Congress. 7-8 Nov 08. Finalist for NHG ASC Scientific Poster Competition (Primary Care Category).
8. Wong TY, Yeo Y, Tan KK, Cheong SK, **Koh GCH**, Tang WE, Chia KS. Screening for diabetes in hypertensive patients in an Asian primary-care outpatient setting: What do the results show? NUHS-JAMA CME Conference on *Recent Trends in Diabetes, Obesity, and Metabolic Syndrome*. 1-2 Aug 08.

9. **Gerald CH Koh.** Curriculum Design and Evaluation Workshop. Medical Education Unit, Yong Loo Lin School of Medicine, National University of Singapore. 26 – 27 Jun 08. Invited teaching faculty.
10. **Gerald CH Koh.** Geriatrics and Dental Needs of Older Persons in Singapore. The Ageing Dentition - Public Health Perspectives and Clinical Rehabilitation for the Elderly. 23 Mar 08. National University of Singapore. Invited Speaker.
11. **Gerald CH Koh,** Wong TY, Cheong SK, ECH Lim, RCS Seet, Tang WE, Chua CS, Acceptability Of Medical Students By Asian Patients From Private And Public Family Practices And Specialist Outpatient Clinics. International Conference on Teaching and Learning in Higher Education 2008. National University of Singapore. 3 – 5 Dec 08. Accepted for oral presentation.
12. Zyphur MJ, Narayanan J, **Gerald CH Koh,** Ganster D, Akinola M, White R, Arvey RD. Questions We (Don't) Ask: Human Physiology and Management. 2008 Academy of Management Annual Meeting. Anaheim, California, USA. 8-13 Aug 08. Professional Development Workshop.
13. **Gerald CH Koh,** Tan BY, Fong NP, Chan KM, E Menon, Ee CH, Cheong SK, Wong TY, A Cheong, Chia KS, D Koh. Predictors of Rehabilitation Efficiency and Effectiveness in a Community Hospital. Disease Management Programmes in Action Session. Singapore Disease Management Conference 2008. 8 – 10 May 08. Invited Speaker.
14. **Gerald CH Koh,** Tan BY, Fong NP, Chan KM, E Menon, Ee CH, Cheong SK, Wong TY, A Cheong, Chia KS, D Koh. Trends in Rehabilitation Efficiency and Effectiveness in a Community Hospital. Singapore Disease Management Conference 2008. 8 – 10 May 08. Oral Presentation (Free Paper – Shortlisted for Best Oral Paper Competition).
15. **Gerald CH Koh,** J Sng, Cheong SK, Wong TY, Lee HY, Tan BY, M Sundram, K Koh, Chan KM, Fong YT, Chia SE, D Koh. Avian influenza and healthcare workers: a comparative study of tertiary and community hospitals, polyclinics and private general practitioners. 1st International Conference on Healthcare Transformation: Primary Care Focus. 9 – 11 May 08. (Free Paper – Shortlisted for Best Oral Paper Competition).
16. **Gerald CH Koh.** Family Medicine Training in Singapore - Where Are We And Where Do We Go From Here? 1st International Conference on Healthcare Transformation: Primary Care Focus. 9 – 11 May 08. Invited speaker.
17. **Gerald CH Koh,** Wong TY, Cheong SK, Erle CH Lim, Raymond CS Seet, Tang WE, Chia CCS, Goh LG. Acceptability of medical students in ambulatory settings in a multi-racial Asian country: (1) a survey of general practice, polyclinic and hospital patients and (2) a before and after consultation study. 5th Asia Pacific Medical Education Conference (24 – 27 Jan 08). Poster Presentation (Short-listed for Best Poster Award).
18. Ken Takahashi, Teppei Imai, Tsutomu Hoshuyama, Miwako Todoroki, **Gerald Koh,** Sin Eng Chia, David Koh. Awareness and knowledge in relation to a potential flu pandemic among HCWs in Japan: Implications for preparedness. Presentation at the 2007 American College of Occupational and Environmental Medicine State-of-the-Art Conference / 7th International Commission on Occupational Health International Conference on Health Care Worker Health. Vancouver, British Columbia, Canada, 26 – 28 Oct 07.
19. **Gerald CH Koh,** Nugroho Abikusno, Meena Sundaram, Kelvin Koh, Rina K Kusumaratna, Wong TY, Cheong SK, Chia Sin Eng, David Koh. Preparedness for an avian influenza pandemic among primary healthcare workers in two Asian

20. Cheong SK, Mena Sundram, Kelvin Koh, **Gerald Koh**, David Koh. Attitudes and concerns of public primary healthcare workers regarding an avian influenza pandemic. Poster presentation at 13th Wonca Europe Conference, Paris, France. 17-20 Oct 2007.
21. Wong TY, Cheong SK, **Gerald Koh**, Meena Sundram, Kelvin Koh, David Koh. Comparing knowledge and concerns between public and private primary care doctors for a possible avian influenza pandemic. Poster presentation at 13th Wonca Europe Conference, Paris, France. 17-20 Oct 2007.
22. **Gerald CH Koh**, Wong Teck Yee, Cheong Seng Kwing, Erle CH Lim, Raymond CS Seet, Tang Wern Ee, Chia Chi Siong, Goh Lee Gan. Acceptability of medical students in ambulatory settings in a multi-racial Asian country: (1) a survey of general practice, polyclinic and hospital patients and (2) a before and after consultation study. Shortlisted for Best Poster Award at the 5th Asia-Pacific Medical Education Conference. 24-27 Jan 08.
23. S Angkodjojo, TH Lim, J Mong, **GCH Koh**, SLG Yap, A Seow, LC Ng, D Koh. The seroprevalence of past dengue infection and proportion of undiagnosed past dengue infections among residents in the West Coast district of Singapore. National Healthcare Group Annual Scientific Congress 2007. (Winner of Best Oral Presentation Award under Primary Care category.)
24. **G Koh**. Step-Down Care Services in the Community. Guest Speaker. 8th ASEAN Gerontology Course, 27 Aug – 7 Sep 07, jointly organized by United Nations International Institute on Ageing and SAGE.
25. **Gerald C H Koh**. National Long Term Care Severe Disability Insurance: the Need for Social, Rehabilitative, Cost of Care, Life Expectancy and Public Policy Considerations. Institute of Southeast Asian Studies Workshop on 'Financing Issues for an Ageing Society in Southeast Asia'. 3 – 5 Sep 07, Institute of Southeast Asian Studies (Singapore).
26. **Gerald C H Koh**. Health Promotion Strategies for an Ageing Workforce. 7th National Conference on Workplace Health Promotion. 15 Nov 07. Singapore.
27. QR Ong, **GCH Koh**, A Seow, SL Ong, FY Pang. Knowledge, attitude and practice of dengue prevention between a dengue hotspot and non-dengue hotspot in the west coast of Singapore. Poster presentation. World Wonca Conference. 24-27 Jul 07. Singapore.
28. D Koh, **GCH Koh**, Shek L, Kee J, V Ng, A Wee, BC Tai. The association of floor cleaning methods with allergic rhinitis and serum eosinophil cationic protein (ECP) in young asthmatics. Poster presentation. World Wonca Conference. 24-27 Jul 07. Singapore.
29. TH Lim, S Angkodjojo, J Mong, **GCH Koh**, SLG Yap, A Seow, LC Ng, D Koh. The seroprevalence of past dengue infection and proportion of undiagnosed past dengue infections among residents in the west coast area of Singapore. Oral presentation (Achieved Presentation Merit Award standard). World Wonca Conference. 24-27 Jul 07. Singapore.
30. **Gerald Koh**, Nugroho Abikusno, Meena Sundaram, Kelvin Koh, Rina K Kusumaratna, Wong TY, Cheong SK, Chia Sin Eng, David Koh. Preparedness for An Avian Influenza Pandemic Among Primary Healthcare Workers: A Comparative Study between Indonesia and Singapore. Oral presentation (Achieved Presentation Merit Award standard). World Wonca Conference. 24-27 Jul 07. Singapore.

31. **G Koh.** Age-Friendly Primary Care Workshop. Organiser and Chairman. World Wonca Conference. 24-27 Jul 07. Singapore.
32. M Gwee, Khoo HE, **G Koh**, Tan CH. Problem-Based Learning: Process and Outcomes. Pre-Conference Workshop for 4th Asia-Pacific Medical Education Conference (Singapore). 8-11 Feb 07.
33. Cheong SK, **Gerald CH Koh**, Wong TY, M Sundram, Kelvin Koh, Chia SE, David Koh. Knowledge, concerns and preparedness of healthcare workers for an avian influenza pandemic in primary care polyclinics. 1st ASEAN Regional Primary Care Conference (Kuala Lumpur, Malaysia). 7 – 10 Feb 07.
34. Wong TY, **Gerald CH Koh**, Cheong SK, M Sundram, Kelvin Koh, Lee HY, Chia SE, David Koh. Comparison of knowledge, concerns and preparedness of healthcare workers for an avian influenza pandemic between primary care polyclinics and a tertiary hospital. 1st ASEAN Regional Primary Care Conference (Kuala Lumpur, Malaysia). 7 – 10 Feb 07.
35. **GCH Koh**, L Shek, J Kee, V Ng, A Wee, Lee BW, D Koh. Does serum and saliva eosinophil cationic protein correlate with asthma severity in children? Oral presentation at 15th World Organisation of Family Doctors (Wonca) Asia-Pacific Regional Conference. 5 – 9 Nov 06.
36. **GCH Koh**, Lee HY, Tan BY, Chan KM, Koh D. Comparison of preparedness, knowledge, attitudes, beliefs and concerns of healthcare workers between community hospitals and a tertiary hospital. Poster presentation at 15th World Organisation of Family Doctors (Wonca) Asia-Pacific Regional Conference. 5 – 9 Nov 06.
37. **GCH Koh**, SK Saxena, Ng TP, D Yong, Fong NP. Post-stroke functional recovery in older persons: a longitudinal cohort study. Poster presentation at 15th World Organisation of Family Doctors (Wonca) Asia-Pacific Regional Conference. 5 – 9 Nov 06.
38. M Todoroki, T Imai, K Takahashi, **GCH Koh**, Lee HY, Chia SE, David Koh. Perception of Risk and Preventive Measures for Avian Flu among Health Care Workers in Japan and Singapore. 26th University of Occupational and Environmental Health (UOEH) and 7th International Symposium of the Institute of Industrial Ecological Sciences (IIES) International Symposium. 5-7 Oct 06.
39. **G Koh.** Emerging Health Issues in the New Economy: Investing in the Health of Older Workers. 6th National Conference on Workplace Health Promotion. 5-12 Oct 06. (Invited Speaker)
40. MS Zuraimi, KW Tham, **G Koh**, V Ng, A Wee, D Koh. Relationship between salivary eosinophil cationic protein in preschool children and environmental exposures in homes and child care centers. Poster presentation at 4th International Academic Conference on Environmental and Occupational Medicine. 16-19 Oct 06.
41. **G Koh**, Shek L, Kee J, V Ng, A Wee, Tai BC, D Koh. Vacuuming of non-carpeted floors is associated with higher likelihood of allergic rhinitis and higher serum eosinophil cationic protein (ECP) in young asthmatics. Poster presentation at 4th International Academic Conference on Environmental and Occupational Medicine. 16-19 Oct 06.
42. A Wee, **G Koh**, V Ng, D Koh. Salivary eosinophil cationic protein levels vary with different collection methods. Poster presentation at 4th International Academic Conference on Environmental and Occupational Medicine. 16-19 Oct 06.

43. V Ng, D Koh, A Wee, **G Koh**. Salivary alpha-amylase as a biomarker of acute mental stress. Poster presentation at 4th International Academic Conference on Environmental and Occupational Medicine. 16-19 Oct 06.
44. **Koh GCH**, L Shek, J Kee, A Wee, V Ng, BW Lee, D Koh. Serum ECP correlates with asthma severity and salivary ECP correlates with co-existence of allergic rhinitis in children. Oral presentation at National Healthcare Group Annual Scientific Congress. 30 Sep – 1 Oct 06. (*One of the 6 papers shortlisted for Best NHG Doctor Award out of 319 papers accepted.*)
45. Lam JSH, Wang FSJ, **Koh GCH**, Saw SM. Urinary incontinence in a Singapore community: prevalence, risk factors and quality of life. Poster presentation at National Healthcare Group Annual Scientific Congress. 30 Sep – 1 Oct 06. (*Shortlisted for Best Poster Presentation Award [General Practice category].*)
46. Chan J J, Kwok WL, **Koh GCH**, Saw SM. Urinary Incontinence: a Public Health Problem in Singapore? A Community-based Cross-sectional Study. Poster presentation at the 2nd Singapore Public Health and Occupational Medicine Conference. 13-14 Jul 06.
47. **Koh GCH**. Does problem-based learning (PBL) produce better doctors? Using systematic analysis to assess evidence of outcome quality. Oral presentation at 4th International Conference on Teaching and Learning in Higher Education. 6-8 Dec 06.
48. Goh LG, **Koh GCH**, Lee KH. Developing an Undergraduate Core Curriculum: Lessons from a Systematic Literature Review. Poster presentation at 3rd Asia-Pacific Medical Education Conference. 18 – 21 Feb 06.
49. **Gerald C H Koh**, Goh LG. Does Problem-Based Learning Produce Better Doctors? A Systematic Review. Oral presentation at 3rd Asia-Pacific Medical Education Conference. 18 – 21 Feb 06.
50. **Koh GCH**, Saxena SK, Ng TP, D Yong, Fong NP. Post-Stroke Functional Recovery in Older Persons Occurs Mainly Within First 3 Months. Oral presentation at 8th Scientific Meeting of the Society of Geriatric Medicine (Singapore). 16 – 17 Sep 06.
51. **Koh GCH**, Saxena SK, Ng TP, Fong NP, D Yong. Medical complications are the main preventable determinant of length of stay during post-stroke rehabilitation in community hospitals. Poster presentation at National Healthcare Group Annual Scientific Congress. 30 Sep – 1 Oct 06.
52. Saxena SK, Ng TP, **Koh G**, Yong D, Fong NP. Predictors of Functional Outcomes of Stroke Patients during their Rehabilitation. Poster presentation at SingHealth-NHG Combined Scientific Meeting. 4 – 6 Nov 05.
53. **G Koh**. Intermediate Care Services for the Elderly in the Community. Guest Speaker. 7th ASEAN Gerontology Course, 7-18 Aug 06, jointly organized by United Nations International Institute on Ageing.
54. **G Koh**. Intermediate Care Services for the Elderly in the Community. Guest Speaker. 6th ASEAN Gerontology Course, 28 Aug – 10 Sep 05, jointly organized by United Nations International Institute on Ageing.
55. **G Koh**. Changing Trends and Needs of the Elderly - A Healthcare Perspective. Guest Speaker. Pre-Course Seminar of 6th ASEAN Gerontology Course, 28 Aug – 10 Sep 05, jointly organized by United Nations International Institute on Ageing.
56. **G Koh**. Continuum of Step-Down Care Services for the Elderly. Invited Lecturer of 5th ASEAN Gerontology Course on 5-18 Dec 04.

57. **G Koh.** Changing Trends and Needs of the Elderly - A Healthcare Perspective. Guest Speaker. Pre-Course Seminar of 5th ASEAN Gerontology Course, 5-18 Dec 04, jointly organized by United Nations International Institute on Ageing.
58. **G Koh.** Profile of Fallers in a Community Hospital. Poster presentation at the Biennial Scientific Meeting of the Society of Geriatric Medicine of Singapore on 11-12 Sep 04.
59. **G Koh.** Older Person-Centred Healthcare Policy. Oral presentation at the 7th International Federation on Ageing Global Conference on 7 Sep 04.
60. **G Koh.** Family Physicians – Partners in a Sustainable Elderly Healthcare System. Oral presentation at the 7th International Federation on Ageing Global Conference on 6 Sep 04.
61. **G Koh.** Capacity Building and Manpower Training in Elderly Healthcare. Invited plenary speaker at the 7th International Federation on Ageing Global Conference on 6 Sep 04.
62. **G Koh.** Changing Trends and Needs of the Elderly - A Healthcare Perspective. Guest Speaker. Pre-Course Seminar of 4th ASEAN Gerontology Course, 31 Aug 03, jointly organized by the (INIA) International Institute of Ageing, United Nations and Singapore Action Group of Elders (SAGE).
63. **G Koh.** Falls among Stroke Patients in a Community Hospital. Poster presentation at 5th National Stroke Conference (Singapore), 19-20 Jul 03.
64. **G Koh.** Fall Prevention: A Community Hospital Experience. Oral presentation at the 6th Annual Scientific Meeting of the Society of Geriatric Medicine of Singapore on 5 October 2002. (Received the Best Oral Paper Award.)
65. **G Koh.** Singapore's Country Report for the 3rd ASEAN Gerontology Course, 26 Aug – 7 Sep 03. Invited Speaker.

JOURNAL EDITOR

- Medical Progress, Director, Editorial Board Since 2008
- Member, Honorary Editorial Board, Health Systems Economics and Outcomes Research (Dove Medical Press) Since 2008
- Annals of Academy of Medicine (S'pore) – Invited Guest Editor for February 2008 Theme Issue on 'Bridging the Gap between Primary and Tertiary Care' Since 2007

JOURNAL REVIEWER

- *Canadian Medical Association Journal* Since 2007
- *Psychoneuroendocrinology* Since 2007
- *British Journal of General Practice* Since 2007
- *Journal of Psychosomatic Research* Since 2006
- *Australasian Journal of Dermatology* Since 2006
- *Journal of Occupational Health* Since 2006
- *Annals of Academy of Medicine (S'pore)* Since 2006
- *Singapore Medical Journal (SMJ)* Since 2005

GRANTS OBTAINED AS PRINCIPAL INVESTIGATOR

- NUS Leadership in Academic Medicine (NLAM) Mentoring Programme Training Grant [S\$5,000] Jan 08
- Mitsui Sumitomo Insurance Welfare Foundation Research Grant for Project Title “The Effects of Exercise on Cognitive Ability, Psychological Well-Being & Immunity in Elderly Patients using a Painless Technique involving Salivary Cortisol and Secretory IgA analysis” [S\$10,000] Nov 07
- Start Up Grant from NMRC (National Medical Research Council) for Project Title “The Relationship between Severely Impaired Activities of Daily Living (ADL) Function and Life Expectancy” [S\$50,000] Oct 05
- NUS Provost Matching Grant for Project Title “The Relationship between Severely Impaired Activities of Daily Living (ADL) Function and Life Expectancy” [S\$50,000] Jan 06
- NUS Leadership in Academic Medicine (NLAM) Mentoring Programme Training Grant [S\$5,000] Aug 06
- NUS Centre for Development of Teaching and Learning (CDTL) Teaching Enhancement Grant for Project Title “Improving Ambulatory Teaching of Medical Students: Identifying Barriers to Acceptance of Student Presence during Medical Consultations from All Stakeholders” [S\$10,000] Nov 06
- NUS Academic Research Fund for Project Title “The Rehabilitation Efficiency and Effectiveness of Geriatric Rehabilitation in Community Hospitals in Singapore” [S\$75,000] Jan 07

GRANTS OBTAINED AS CO-INVESTIGATOR

- NMRC Grant for Project Title “Genetics of Atopy and Allergic Airway Disease in Singapore” (with Dr Chew Fook Tim as PI) [S\$800,000] Jun 08
- National Environmental Agency Grant for Project Title “Seroepidemiological Dengue Study 2007” [S\$450,000] May 07
- NMRC Grant for Project Title “Elderly Hypertensive Patients in Public Primary Care Clinic Study” (with Dr Cheong Seng Kwing as PI) [S\$50,000] Aug 07

- NMRC Grant for Project Title “Retrospective Study of Pre-Diabetes among Hypertensives on Follow-Up in Public Primary Care Clinics” (with Dr Wong Teck Yee as PI) [S\$50,000] Aug 07
- Center for Communications, Health and the Environment for Project Title “Assessing Internet technology use and diffusion among Singapore family physicians” (with Prof Fiona Chew as PI) [US\$1,500] Feb 07
- Academic Research Fund Grant for Project Title “Testosterone and Leader Emergence in Small Groups” (with Drs Michael Zyphur & Jayanth Narayanan as PIs) [S\$40,600] Oct 06
- University Research Grant for Project Title “Effects of Exercise on Brain Health” (with Dr Steve Graham as PI) [S\$249,850] May 05
- Niche Area Programme Research Grant (NMRC) for Project Title “Salivary Biomarker Research” (with Prof David Koh as PI) [S\$150,000] Sep 05
- A*STAR BMRC (Biomedical Research Council) for Project Title “Gerontology Research Programme: Biological, Clinical, Psychological and Behavioural Predictors of Health Status in Prospectively Followed-Up Cohorts of Elderly Persons” (with A/Prof Ng Tze Pin as PI) [S\$1,395,524] Jul 03

DISSERTATIONS WRITTEN

- *Predictors and Trends of Rehabilitation Effectiveness and Efficiency Among Older Persons in a Community Hospital: A Ten Year Study:* Submitted for Masters in Gerontology Aug 08
- *Malnutrition Among Older Persons in a Nursing Home in Malta:* Submitted for Diploma in Gerontology and Geriatrics (Distinction) May 04
- *Practice Profile Log:* Submitted for MMed (Family Medicine) Oct 00

DISSERTATIONS SUPERVISED

- *Different Methods of Salivary Collection Can Affect Concentrations of Eosinophil Cationic Protein (ECP)* by Sum Zheng Jie and Koh Yong Tat, Singapore Polytechnic Feb 06 - Jan 07
- *Evaluation of the Efficacy of Needlestick Injury Prevention Programs* by Navreet Kaur Pannu (NUS Masters in Public Health) Aug 07- Jun 08
- *Cancer and Diabetes* by Loo Xue Mei, Goh Pei Shan and Tan Yali (Nanyang Technological University) Jan 08 -

INTERNATIONAL PROFESSIONAL APPOINTMENTS

- World Health Organization (WHO) Age-Friendly Primary Care Workgroup (Singapore) From Feb 08
- Asia-Pacific Chairman, WONCA Special Interest Group on the Environment From Jan 08
- Chief Judge, Presentation Merit Award Judging Committee, World Organisation of Family Doctors (WONCA) 18th World Conference 2007 Dec 06 - Jul 07
- Chief Abstract Reviewer, World Organisation of Family Doctors (WONCA) 18th World Conference Jan 2005- Jul 2007
- Member, World Organisation of Family Doctors (WONCA) 18th World Conference Scientific Committee Jan 2005 – Jul 07
- Direct Member, World Organisation of Family Doctors (WONCA) Since 30 Jun 06
- Invited Lecturer for UN-INIA and Beijing Civil Affairs Bureau (BCAB) Training Programme in Gerontology 30 Oct – 5 Nov 05
- Honorary Secretary, ISACA [UN-International Institute of Ageing (INIA) – Singapore Action Group of Elders (SAGE) ASEAN Centre of Ageing] Aug 05 - present
{Ref: Choo V. UN agency on ageing sets up first satellite centre in Singapore. *Lancet* 2002;360:856. }
- University Board of European Centre of Gerontology (Student Representative). Oct 03 – Jun 04
- Maltese Association of Gerontology & Geriatrics (MAGG) (International Secretary). Oct 03 - present

LOCAL PROFESSIONAL APPOINTMENTS

- Accredited Eldersshield/IDAPE Assessor Since 2002
- Reviewer, National Healthcare Group Annual Scientific Congress 2008 2008
- Member, MOH Geriatric and Special Needs Focus Group Since Apr 08
- Member, Tribunal for Maintenance of Parents, Ministry of Community, Youth and Sports (MCYS) Since May 08
- Family Medicine Continuing Medical Education Advisor (CFPS & Singapore Medical Council) Since 2008
- Member, Publications Support Unit, Yong Loo Lin School Of Medicine, NUS Since Dec 07
- Advisor and Member, Scientific Advisory Review Panel, Environmental Health Institute, National Environmental Agency 12 – 16 Nov 07
- NUS Representative for Ministry of Health Study Trip to USA and Canada 7 – 17 Apr 07
- Visiting Consultant and Advisor, Environmental Health Institute (EHI), National Environmental Agency (NEA) Since Apr 07
- Visiting Adjunct Consultant, AMKH Since Dec 06
- Invited Lecturer, Genetic and Molecular Epidemiology Course PhD Programme, NUS Nov 2006

- National University Hospital Adjunct Scientist Since 15 Sep 06
- Member, Research Special Interest Group, College of Family Physicians, Singapore Since 2005
- Member, Eldercare Special Interest Group, College of Family Physicians, Singapore Since 2004
- Member of MOH Workgroup on Clinical Practice Guidelines on Parkinson's Disease. Sep 05 – Sep 06
- Institute of Technical Education (ITE) Healthcare Academic Advisory Committee Apr 05 - present
- ACAPS Scientific Advisor, Organising Committee for Scientific Meeting 2007 2006-2007
- College of Family Physician (Fellow) Oct 03 - present
- Chairman, Organising Committee for the 1st Community Healthcare for Older Persons (CHOP) Annual Scientific Meeting Jan – Aug 03
- Association of Community Aged Care Physicians (Member). 2003 - present
- College of Family Physician (Member) Aug 01 - present
- Singapore Medical Association (Member) 1995 - present

TEACHING (FAMILY MEDICINE / PUBLIC HEALTH / EDUCATION)

- Lecturer, Geriatric Dentistry Module Since 2008
- Lecturer, PBL Tutor Training Workshop Since 2008
- Academic Advisor & Practicum Supervisor, Masters in Public Health (NUS) Since 2007
- Chairperson, NUH-NUS Medical Education Rounds Since 2007
- Invigilator, 2nd Professional MBBS Exams Since 2006
- Member, Curriculum Review Team, YLLSoM, NUS 2006-2009
- Chairman, MMed (Family Medicine) Examination Committee 2006-2007
- Assistant Chief Examiner for MMed (FM) Exams. 2005
- Vice-Chairman, MMed (FM) Course Teaching Faculty 2005
- Examiner for GDip (Geriatric Medicine) Exams Since 2005
- Examiner for GDip (Family Medicine) Exams Since 2005
- Assistant Exam Coordinator for MMed (FM) Exams. Oct 04
- Chairman, MMed (FM) Teaching Module on Principles of Family Medicine Jul 04
- Chairman, MMed (Family Medicine) Teaching Module on Elderly Care 2003, 2005
- Clinical Coordinator for MMed (Family Medicine) Examinations 2002 Oct 02
- Trainer / Facilitator for Eldersfield / IDAPE Course Jun 02
- Tutor for Fellowship in Family Medicine Mar 07 – present
- Tutor for Masters in Family Medicine Jul 01 – present
- Tutor for Graduate Diploma in Family Medicine Course Jul 01 – present

TEACHING (GERONTOLOGY AND GERIATRICS)

- Member, Aging Module Curriculum Workgroup Since Jul 08
- Invited Lecturer for UN-INIA and China National Research Centre on Ageing and Committee for Support and Nursing of Elderly, Ministry of Social Affairs Since 2006
- Invited Lecturer for UN-INIA and Beijing Civil Affairs Bureau (BCAB) Training Programme in Gerontology Since 2005
- Invited Lecturer for Advanced Diploma in Nursing (Gerontology) Course, School of Health Sciences, Nanyang Polytechnic (NYP). Sep 02
- Civil Service College Pre-Retirement Course Jul 05

LANGUAGE PROFICIENCY

- Spoken: English, Mandarin^{*}, Malay[†], Cantonese, Hokkien
- Written: English, Mandarin^{*}

NATIONAL SERVICE RESERVIST APPOINTMENT

- Captain (Dr), Medical Officer, Armour Division
- 2nd Best Cadet for 2nd National Service Medical Officer Cadet Course

POSTGRADUATE SHORT COURSES & CONFERENCES ATTENDED

- International Conference on Teaching and Learning in Higher Education 3 – 5 Dec 08
- National Healthcare Group Annual Scientific Congress 7 – 8 Nov 08
- COFM 60th Anniversary Scientific Symposium 16 Oct 08
- Asia-Pacific Wonca Conference, Melbourne, Australia 2 – 5 Oct 08
- 3rd Public Health & Occupational Medicine Conference 16 – 17 Sep 08
- Academy of Management Annual Meeting, USA 8 – 13 Aug 08
- 1st International Conference on Healthcare Transformation: Primary Care Focus 9-11 May 08
- Singapore Disease Management Conference 8-10 May 08
- Distinguished Editor Series: BMJ Masterclass on Medical Writing (by Dr Fiona Godlee) 5 Mar 08
- National Healthcare Group Annual Scientific Congress 10 – 11 Nov 07
- NUS Publication Support Unit Advanced SPSS Course 29 – 2 Oct 07
- NHG-NUS Grant Preparatory Seminar 15 Sep 07
- Institute of Southeast Asian Studies Workshop on Financing 3 – 5 Sep 07

Highest Level Obtained:

^{*} Mandarin: GCE 'A' Level (written) and 'O' Level (oral)

[†] Malay: Certificate in Conversational Malay, Kebun Kerbau Community Centre.

- Issues for an Ageing Society in Southeast Asia
- Family Practice Skills Course: Function and Disability in Primary Care (including Eldershiel Assessor Accreditation) 25 – 26 Aug 07
 - 18th World Wonca Conference 24 – 27 Jul 07
 - Qualitative Research Methods (NHG) 11 Jul 07
 - Research in Medical Education Course (NUS) 5 – 6 Jul 07
 - NUS Publication Support Unit Basic SPSS Course 4 – 6 Jun 07
 - Short Course in Epidemiology (by Prof Dimitrios Trichopoulos & Assoc Prof Pagona Lagiou, Harvard School of Public Health) 14-17 May 07
 - Team-Based Learning Workshop (Dukes Medical School) 13 Mar 07
 - Distinguished Editor Series: Ethical Problems with Scientific Publications (by ex-BMJ Editor Dr Richard Smith) 10 Feb 07
 - Essential Skills in Medical Education (ESME) Course 6-12 Feb 07
 - 4th Asia-Pacific Medical Education Conference & Workshops 8-11 Feb 07
 - 4th International Conference on Teaching and Learning in Higher Education, National University of Singapore 6-8 Dec 06
 - Short Course on Causal Inference from Longitudinal Data (by A/Prof Miguel Hernan, Harvard School of Public Health) 27-29 Nov 06
 - 4th International Academic Conference on Environmental and Occupational Medicine 16-19 Oct 06
 - 15th World Organisation of Family Doctors (Wonca) Asia-Pacific Regional Conference. 5 – 9 Nov 06
 - Introduction to Mathematical Modelling of Infectious Diseases by Prof Eduardo Massad (Courage Fund) 10-12 Oct 06
 - Distinguished Editor Series: JAMA Masterclass on Medical Writing (by Dr Catherine DeAngelis) 28 Sep 06
 - Biomedical Laboratory Safety and Health Management Symposium by NUS and 1st Phase Operations 21 Aug 06
 - 4th NUH-NUS Medical Writing Workshop “Writing a Journal Article and Getting It Published” by Mr Tim Albert 4 & 7 Aug 06
 - 2nd Singapore Public Health and Occupational Medicine Conference 13-14 Jul 06
 - Scottish Intercollegiate Guidelines Network (SIGN) Developing Clinical Guidelines Workshop 10-11 Jul 06
 - Institute of Policy Studies Forum on HSBC’s Global Future Of Retirement Study (Insights for Singapore) 15 Jun 06
 - The Lancet Asia Medical Forum 2006: Preparing for pandemic influenza: The avian dimension and other emerging threats. 3-4 May 06
 - Distinguished Editor Series: The Lancet Masterclass on Medical Writing 2 May 06
 - Basic Good Clinical Practice (Clinical Trials Management) Course 20-21 Apr 06
 - Advanced Good Clinical Practice Course on Paediatric Clinical Trials 25 Feb 06
 - Centre for the Development of Teaching and Learning Feb 06

- Module on Curriculum Intensity
- 3rd Asia-Pacific Medical Education Conference & Workshops 18 – 21 Feb 06
- Centre for the Development of Teaching and Learning Feb 06
- Module on Thinking & Inquiry
- Centre for the Development of Teaching and Learning Jan - Feb 06
- Module on Core Teaching Skills
- NUS Professional Development Programme (Teaching) 15 – 17 Nov 05
- Short Course on Clinical and Epidemiological Research (Advanced) 7 – 11 Nov 05
- Course on How to Write and Publish a Paper 22- 24 Aug 05
- Short Course in Clinical and Epidemiological Research (Basic) 25-29 Jul 05
- Society of Geriatric Medicine (Singapore) Biennial Scientific Meeting 11-12 Sep 04
- 7th International Federation of Ageing Global Conference 4-7 Sep 04
- Winter 2004 CPD Meeting on Cardiovascular Disease in Family Practice (Malta College of Family Doctors) 6 Mar 04
- SPSS (Statistical Programme for Social Sciences) Basic & Intermediate Courses (University of Malta) Nov 03
- The 7 Habits of Highly Effective People Program 16 – 18 Jul 03
- Training Course in Community and Long-Term Care of Elderly with Dementia and Other Mental Disorders (MOH) 17 – 19 Feb 03
- Basic Home Health Care Course (CFPS) 25 Jan 03
- Problem-Based Learning Workshop (NUS) 4 Jan 03
- 4th National Stroke Conference (NNI) Nov 02
- 3rd ASEAN Gerontology Course (SAGE & UN-INIA) Aug – Sep 02
- Eldershield / IDAPE Assessor Training Course (MOH) Jul 02
- CFPS 6th Annual Surgical Update May 02
- TTSH – SMA Bioethics Seminar 2001-2002
- Graduate Diploma in Geriatric Medicine (NUS) 2001-2002
- TTSH-SMA Course in Healthcare Ethics Consultation Nov 01
- College of Physicians & Surgeons of Columbia University Estrogen Deficiency and the Menopause Self-Assessment Programme and Scientific Update Oct 01
- Family Medicine Trainers Workshop (CFPS) Sep 01
- CFPS 1st Medical Update Scientific Conference Aug 01
- Bayer Institute – SMA Clinician Patient Communication Course Jul – Aug 01
- 1st National Disease Conference (MOH) May 01
- Contemporary Management of Incontinence Course (ISS) Mar 01
- Short Course in Old Age Psychiatry (IMH) Mar 01
- 2nd National Stroke Conference (NNI) Dec 00
- Masters in Medicine (Family Medicine) Course 2000 (NUS) Aug 00
- Cardio-Pulmonary Resuscitation Course (SMA) May 00
- Minor Surgical Procedures Course for Family Physicians (CFPS) Mar 02
- Asia Pacific Commemorative International Congress on Viral Hepatitis, Prevention & Control Feb 00
- Cardiovascular Rehabilitation & Preventive Cardiology

- Seminar (NHC) Jan 00
- 3rd Annual Surgical Update for Family Physicians (CFPS) Jan 99
- SNEC Workshop for Family Physicians Nov 98
- Recognition Award for Continuing Medical Education (SMC) Jul 97 – Jun 98
- Postgraduate Course on Palliative Medicine (HCA) Jul 98
- Advanced Trauma Life Support Course (MINDEF) Jan 98
- 2nd Annual Surgical Update for Family Physicians (CFPS) Jan 98
- ENT & Family Physicians Training Course (TTSH) Jun 97
- 6th Scientific Conference & 7th Medi-Tech Exhibition (CFPS) May 97
- 24th Emergency Medicine Course, MOH Apr 97
- Pain Association of S'pore International Conference (HCA) Jan 97
- Recognition Award for Continuing Medical Education (SMC) Jul 96 – Jun 97

ACQUIRED & DEMONSTRATED SKILLS

Organisation

- Chairman, Health & Wellness Committee, COFM Dept Since Dec 06
- Master of Ceremony and Member of 2006 Medical Faculty Dinner Organising Committee Nov 05 – Feb 06
- Chairman, Organising Committee for the 1st Community Healthcare for Older Persons (CHOP) Annual Scientific Meeting Jan – Aug 03
- 1st Medical Update & 7th MediTech Exhibition, Organising Committee Member 2001
- AMKH Fall Prevention Committee, Chairman 2000 - present
- AMKH Newsletter (Life @ AMKH) Editorial Committee, Member 2000 – present
- Spiritual Formation Co-ordinator, St Joan - Maid of God 1999 - 2002
- Musical Organising Committee, Artistes for Christian Theatre 2001 - 2002
- Class Representative, MMed (Family Medicine) Trainee Cohort for Year 2000 1999 - 2000
- Committee Member of Delta Swimming Complex Sports, Social & Recreation Committee 1997
- Class President, Final Year, Medical School 1994/95
- Chairman, Freshmen Orientation Comm., Medical Faculty 1992
- Treasurer, Queen of Peace Praesidium, Legion of Mary, NUS 1990-93
- Vice-President, 3rd Students' Council, AJC 1986-87
- Vice-President, Catholic Youth Council 1984
- Vice-President, St Vincent de Paul Society, St Gabriel's 1983-85

Volunteer & Social Work

- Advisor, Project Lokun (a Yong Loo Lin School of Medicine student-led humanitarian project to provide sustained long-term healthcare support to Floating Villages in Pursat, Cambodia) Since Mar 07
- SAGE Volunteer Oct 04 - present

- Institute of Technical Education Healthcare Academic Advisory Committee Member Apr 05 - present
- Artistes for Christian Theatre (ACT) Core Team Member (Formation Coordinator) Dec 04-present
- Artistes for Christian Theatre (ACT) Core Team Member (Resource and Liaison Officer & Secretary) Apr 02-Oct 03
- ACT Carolling Project to raise funds for The Tent 2002
- A Mission Trip to Thailand to Build a Nursery School in Thamsingkhon Village , Surat Thani Province with Poverello Teen Centre 28 Nov - 6 Dec 02
- The Ang Mo Kio Hospital – Anderson Junior College (AMKH-AJC) Student Volunteer & Mentoring Programme Since Nov 02
- Volunteer at Poverello Teen Centre Since Aug 02
- Anderson Junior College (AJC) School Advisory Board Member Since Sep 02
- Spiritual Formation Coordinator, *St Joan - Maid of God* ACT Musical Organising Committee, to raise funds for Poverello Teen Centre and Rose Villa 1999 – 2002
- Myanmar Mission Project for Catholic Medical Guild (CMG) to train *zetamans* to provide basic healthcare to remote villages. 1998, 2000
- ACT Carolling Project to raise funds for Galilee Children’s Centre 1999
- Cast Member, *Forgiving Eyes* Musical, ACT, to raise funds for Galilee Children’s Centre 1997 - 1998
- Medical Volunteer for Hospice Care Association (HCA) 1996
- Social Work for Catholic Students’ Society, NUS 1994
- Volunteer Work for Missionaries of Charity & other charity organisations via Legion of Mary 1990-93
- Vice-President, St Vincent de Paul Society (SVDP), a Catholic organisation founded to assist the poor, St Gabriel’s Secondary School 1982-85
- Vice-President, Catholic Youth Council, SVDP 1983-85
- Social Service Work in Ozanam Conference, SVDP 1985-87

Recreation

- Exercise: Swimming (Secondary School Swimmer), Weight-Training, Running, Dancing.
- Sports: Hiking / Trekking / Camping (America, New Zealand, Malaysia), Scuba-Diving (obtained Open Water Diving Certification by PADI [Professional Association of Diving Instructors] in 1988) / Snorkelling.
- Singing and Acting: Lead-actor in musical *Forgiving Eyes* held at Victoria Theatre in May – June 97 by ACT; singer at numerous AMKH functions.
- Script Writing and Lyricist: In musical “St Joan-Maid of God” held at University Cultural Centre in April by ACT.
- Dancing: Choreographer & Dancer (AMKH Annual Dinner and Dance (2001 to 2003), for MOH Dinner and Dance (2002), Family Health Service Year-End Party (1999), Faculty of Medicine Shield Playhouse (1990 to 1994).

- Drawing: Best Cover Design Award for Commemorative Issue of 25th Anniversary of the *Singapore Family Physician*), Painting (painted wall murals for a nursery school in Thamsingkhon village during a Thailand mission trip).
- Modeling: For Ang Mo Kio Hospital Corporate Video; Raffles Medical Group Corporate Publications; NUS Yong Loo Lin School of Medicine Corporate publications and website images.

Abbreviations used

ACT	Artistes for Christian Theatre
AMKH	Ang Mo Kio Hospital
CFPS	College of Family Physicians (Singapore)
CGH	Changi General Hospital
CMG	Catholic Medical Guild
COFM	Community, Occupational and Family Medicine Department
FHS	Family Health Service
FM	Family Medicine
HCA	Hospice Care Association
IMH	Institute of Mental Health
ISS	Incontinence Society of Singapore
IDAPE	Interim Disability Assistance Programme for the Elderly
ITE	Institute of Technical Education
KKH	Kedang Kerbau Hospital
MIAH	Merck Institute of Ageing and Health
MINDEF	Ministry of Defence
MOH	Ministry of Health
OLS	Office of Life Sciences
NHC	National Heart Centre
NMRC	National Medical Research Council
NNI	National Neurological Institute
NUH	National University of Singapore
NUS	National University of Singapore
NYP	Nanyang Polytechnic
RMG	Raffles Medical Group
SAGE	Singapore Action Group of Elders
SGH	Singapore General Hospital
SMA	Singapore Medical Association
SMC	Singapore Medical Council
SNEC	Singapore National Eye Centre
SVDP	St Vincent de Paul Society
TTSH	Tan Tock Seng Hospital
UOM	University of Malta
UN-INIA	United Nations - International Institute of Ageing
Wonca	World Organisation of Family Doctors
YLLSoM	Yong Loo Lin School of Medicine (National University of Singapore)